



North Eastern MetroStars Inc.

ABN: 24 270 676 655

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www.metrostars.com.au



CLUB INFORMATION AND CONDITIONS HANDOUT for current players and newcomers attending boys and girls trials at North Eastern MetroStars for Season 2026

Dear Players and Parents,

On behalf of the Management Committee, I would like to welcome you to North Eastern MetroStars. We wish you all the best for the pre-season trials and look forward to having an excellent 2026 season.

Please read this information carefully as it forms the framework for the trials, club expectations and registration process for the 2026 season. Should you have any further questions after reading the document, please contact myself (juniors@metrostars.com.au) or the club's Administration Officer (admin@metrostars.com.au).

Yours in Sport,

Maree Roumeliotis

**JUNIOR COORDINATOR
NORTH EASTERN METROSTARS**



1. Register for Trials – Online Registration Only (UPDATE)

Prior to attending trials, **ALL** players are to register online. To register, please visit <https://app.360player.com/registration/metrostars/61fbd0d0-a0c3-4d25-952f-f676d429991e> or follow the links on the MetroStars website (www.metrostars.com.au).

On your nominated day of trial, **please report to clubrooms to sign in before you commence**. You will receive a name badge and be advised of your trial location. **Under no circumstances are individuals to go directly to the coaches.**

2. Trial Dates

Trials are run over 2-3 sessions, unless otherwise advised by club officials. This gives the opportunity for coaches and technical directors to assess players.

Trials will commence on Sunday October 19 with follow up sessions on either Monday October 20, Tuesday October 21 or Wednesday October 22. Trial sessions are divided across various time slots and pitch areas to facilitate the review of participants. A spare session has been put aside for Thursday October 23 and will only proceed if required.

The below table will provide you an outline of the trial times and days for the various age groups. We suggest you are prompt to the trial session.

MINIROO - TRIALS						
Team		Year of Birth	SUN 19-Oct	MON 20-Oct	TUE 21-Oct	WED 22-Oct
U6	Boys	2020	REGISTER AND PAY ONLINE THROUGH TRYBOOKING/360 (PLACES LIMITED) https://forms.360player.com/metrostars			
U7	Boys	2019				
U8	Boys	2018	11:45am - 12:45pm			6:00pm - 7:15pm
U9	Boys	2017	11:45am - 12:45pm			6:00pm - 7:15pm
U10	Boys	2016	2:15pm - 3:15pm			7:30pm - 8:45pm
U11	Boys	2015	2:15pm - 3:15pm			7:30pm - 8:45pm
U7	Girls	2019	REGISTER AND PAY ONLINE THROUGH TRYBOOKING/360 (PLACES LIMITED) https://forms.360player.com/metrostars			
U9	Girls	2017				
U10	Girls	2016				
U11	Girls	2015				

YPL / YSL - TRIALS						
Team		Year of Birth	SUN 19-Oct	MON 20-Oct	TUE 21-Oct	WED 22-Oct
U12	Boys	2014	9:15am - 10:15am	6:00pm - 7:15pm		
U13	Boys	2013	9:15am - 10:15am	6:00pm - 7:15pm		
U14	Boys	2012	3:30pm - 4:30pm	6:00pm - 7:15pm		
U15	Boys	2011	1:00pm - 2:00pm	7:30pm - 8:45pm		
U16	Boys	2010	10:30am - 11:30am	6:00pm - 7:15pm		
U17	Boys	2009	10:30am - 11:30am	6:00pm - 7:15pm		
U12	Girls	2014			5:30pm - 6:45pm	5:30pm - 6:45pm
U13	Girls	2013			5:30pm - 6:45pm	5:30pm - 6:45pm
U14	Girls	2012			5:30pm - 6:45pm	7:00pm - 8:15pm
U15	Girls	2011			5:30pm - 6:45pm	7:00pm - 8:15pm
U16	Girls	2010			7:00pm - 8:15pm	6:00pm - 7:15pm
U18	Girls	2008			7:00pm - 8:15pm	6:00pm - 7:15pm



NPL / WNPL / Division 2 - TRIALS						
		Year of	SUN	MON	TUE	WED
Team		Birth	19-Oct	20-Oct	21-Oct	22-Oct
U18	NPL	2008	8:00am - 9:00am	4:30pm - 5:45pm		
Reserves	NPL		4:45pm - 6:00pm	4:30pm - 5:45pm		
Seniors	NPL		NO TRIALS			
Reserves	WNPL			7:30pm - 9:00pm		7:30pm - 9:00pm
Seniors	WNPL			7:30pm - 9:00pm		7:30pm - 9:00pm
Division 2	Girls			7:30pm - 9:00pm	7:00pm - 8:15pm	

3. Age Eligibility

Trials will be held for each age group, and you must register online to try out for the team that corresponds with your **year of birth**. All trialists in both boys and girls teams will be required to trial in their age-appropriate team, with exceptions solely at the discretion of the selection panel.

4. Financial Eligibility

Players with outstanding debts to either MetroStars or any other club **will not be permitted to trial**. Please contact Club President Robbie Rende (robbie@metrostars.com.au) if you are in this situation advising so.

5. Number of Teams

The table below shows the expected number of teams and squad sizes to be filled per age group for season 2026 (including goalkeeper). We will aim to fill the teams listed below, however MetroStars reserves the right to change the number of teams and/or squad sizes allocated in each age group. You will be advised if the player has not been successful in securing a position in the team.

Age Group	On Field	Squad Size	No. of Boys Teams	No. of Girls Teams
U06	4v4	7*	3	-
U07	4v4	7*	3	1
U08	7v7	10	3	-
U09	7v7	10	3	1
U10	9v9	12	4	1
U11	9v9	12	3	1
U12	9v9	14	3^	1
U13	9v9	14	3^	2^
U14	11v11	16	2	1
U15	11v11	16	2	1
U16	11v11	16	1	1
U17	11v11	16	1	-
U18	11v11	18	1	1

* No goalkeepers for U6/7

^ There will be at least one YSL team. Additional YSL teams will be filled subject to player availability.



6. Team Selection and Management Guidelines

The following guidelines represent the club's general philosophy on how teams are selected and managed. We hope this gives you an insight into the player pathway available at this club. It should also be clearly understood that the Football Selection Committee reserves the right to review any matter on a case-by-case basis.

Discover Phase U6 - U9	
Training Model	Attributes
<p><u>GAMES - Participation Based</u></p> <p>Introduction to team-based sport. Focus is on fun and enjoyment in a team and club environment.</p> <p>An introduction to technical development and ball mastery.</p> <p>Small-sided games</p>	<p>Teams and players are assessed on behaviour and willingness to follow instruction.</p> <p>Teams in these age groups are evenly balanced across ability and talent.</p> <p>No position specific goalkeepers at this age.</p> <p>It is not uncommon for players to be rotated across teams in this age group.</p>
<p><u>GAMES - Participation Based</u></p> <p>Discovery and Skill Acquisition focus. .</p> <p>Focus on technique, ball mastery, running with the ball, as well as foundational attacking and defending principles in 1v1 and 2v2 situations.</p> <p>Small-sided games with 1st and 2nd man principles and structure.</p>	<p>Teams and players are assessed on behaviour and willingness to follow instruction, with more emphasis on technical skill development, and repetition-based learning mixed into a variety of drills.</p> <p>Goal keepers are introduced in games with players taking turns in goals on a rotational basis each week.</p> <p>Teams are evenly balanced across ability and talent.</p>



Skill Phase U10 - U13	
Training Model	Attributes
<p><u>GAMES - Participation Based</u></p> <p>Discovery and Skill Acquisition focus. .</p> <p>Focus on core skills, ball mastery, running with the ball, as well as foundational attacking and defending principles in 1v1 and 2v2 situations.</p> <p>Small-sided games with 1st and 2nd man principles and structure.</p> <p>Preparation for Development Phase.</p>	<p>Teams and players are assessed on behaviour, parental influence, motivation, commitment levels and willingness to follow instruction in a team environment.</p> <p>Skill, technique and problem solving play a larger role in player selection at this level.</p> <p>Teams are selected on their potential to transition into the Development Phase for the following year.</p> <p>Based on performance and demonstrated ability, players may be moved between teams from time to time.</p>
<p><u>GAMES - Development Based</u></p> <p>Development Phase.</p> <p>Ball Mastery, Core Skill detail, Attacking and Defending key Principles.</p> <p>Developing Interdependence.</p> <p>Learning Basic Formations.</p> <p>Building relationships with teammates and understanding relationship with opponents.</p> <p>Speed, Strength and Agility development and guidance through growth spurts.</p>	<p>Selection is based on motivation, willingness to follow instruction, learning ability and individual technique / tactical understanding.</p> <p>Players are selected on development potential and individual qualities using a four cornered assessment process. Technical, Tactical, Physical and Psychosocial components.</p> <p>All players at any time have the potential for movement between YPL and YSL grades at the coaches' discretion based upon recommended development opportunities for the individual and transfer windows.</p> <p>Players will be introduced to Physical Development and the importance of co-ordination and basic motor development.</p>



Tactical Phase U14 – U17	
Training Model	Attributes
<p><u>GAMES - Performance Based</u></p> <p>Elite Football – Performance based with a focus on individual qualities and their contribution to the team environment.</p>	<p>Players are selected based on demonstrated performance, attitude, willingness to follow instruction and learning ability.</p> <p>Teams are selected to compete at the highest level for their age group.</p> <p>Players who consistently demonstrate exceptional performance may be targeted for development opportunities in higher age group subject to the physical challenge effecting the individuals development.</p>

Performance Phase U18 – Reserves	
Training Model	Attributes
<p><u>GAMES - Performance Based</u></p> <p>Elite Football – Performance based, with focus on tactical awareness of the game.</p>	<p>Players are selected based on demonstrated performance, attitude, willingness to follow instruction and learning ability.</p> <p>Teams are selected to compete at the highest level for their age group.</p> <p>Players who consistently demonstrate exceptional levels of performance may be targeted for fast tracking through the club's talent ID system.</p>



7. Player Selection

Player selection will be at the discretion of the Football Selection Committee and/ or club coaches.

For Junior Boys trials, the Football Selection Committee will make their squad selections for U12 through to Reserves over the trial period. MiniRoo coaches and Technical Directors will make selections for U8s to U11s. All players will be advised via email at the end of each trial session if they are required to attend subsequent trial sessions and whether they have been successful and/or unsuccessful at any point during the trial process. This will allow unsuccessful players opportunity to trial elsewhere.

For Junior Girls and Senior Women trials, the junior coaches, senior coaches and Technical Director will make selections for all players trialling from U12s to Reserves. All players will be advised via email at the end of each trial session if they are required to attend subsequent trial sessions and whether they have been successful and/or unsuccessful at any point during the trial process. This will allow unsuccessful players opportunity to trial elsewhere.

8. Player and Parent Responsibilities

Player Responsibilities

- Register online via the trial link on the MetroStars website (www.metrostars.com.au).
- Before commencement of your nominated trial session, ensure you check in at the registration desk.
- Unless otherwise instructed by the coaching staff, players will be expected to attend all trial sessions to maximise their chances of selection.
- Follow instructions from the coaching staff to the best of your ability.
- Players will be required to wear appropriate training attire. **Shin guards and boots are compulsory.**
- If you have your training ball from last season, please bring it with you.
- Players must commence hydrating one hour before trials and carry a drink bottle at each session.
- Any medical condition that may potentially place a player's health and safety at risk during trials must be brought to the coach's attention.
- Report any injury or illness to the coaching staff.

Parent/Caregiver Responsibilities

- Ensure player has registered online via the trial link on the MetroStars website (www.metrostars.com.au).
- Before commencement of your nominated trial session ensure players check in at the registration desk.
- Remain at the club during trials.
- Do not enter any field of play during trials, remain outside the fenced areas. If assistance is required, the coaching staff will call you.
- Do not interrupt coaching staff during their sessions, unless the matter is **urgent and necessary**.
- Either observe from the nominated observation areas or the clubrooms.



9. Registration of Selected Players

If a player has been offered a position for the 2026 season, they will be issued a letter containing instructions on the registration process. Players selected in all teams will be required complete the online registration form and pay a deposit of \$300 **within 24 hours** of their selection, with details to be provided.

Failure to register on time will result in the forfeit of your spot in the team.

JNR BOYS (U6-U17) & NPL	
REGISTRATION DAY	
TEAM	SUNDAY OCTOBER 26
U06 U07	9:00 AM - 10:00 AM
U08 U09	9:45 AM - 11:00 AM
U10 U11	10:45 AM - 12:15 PM
U12 U13	12:45 PM - 2:15 PM
U14 U15	2:00 PM - 3:30 PM
U16 U17	3:15 PM - 4:15 PM
U18 RES	4:00 PM - 5:15 PM

Selected **Junior Boys (U6-U17) and NPL (U18-Res)** will be required to attend a registration day on **Sunday October 26** as per the times provided in the adjacent table to complete their registration.

Selected **Junior Girls (U7-U16), WNPL (U18-SNR) and Division 2** will be required to attend registration day on **Monday October 27** or **Tuesday October 28** as per the times provided in the table below to complete their registration.

JNR GIRLS (U7-U13)	
REGISTRATION DAY	
TEAM	MONDAY OCTOBER 27
U07 U09	6:00 PM - 6:45 PM
U10 U11	6:30 PM - 7:15 PM
U12 U13	7:00 PM - 8:30 PM

JNR GIRLS (U14-U16), WNPL &	
DIV 2 REGISTRATION DAY	
TEAM	TUESDAY OCTOBER 28
U15 U16	6:00 PM - 7:00 PM
U18 Div 2	6:45 PM - 7:45 PM
WNPL	7:30 PM - 8:30 PM

These are the only times in which you may register a player.

Attendance at Registration Day

Selected players must attend their allocated registration day in person so that they can try on uniforms and merchandise before orders are sent for manufacturing. If the player fails to attend, the parent will be asked to make an estimate. The uniform will be ordered in accordance with the estimate, and **the club will take no responsibility for errors in sizing.**



9. Club Fees and Payments

Club Basic Registration Fees will be required to be paid on the day of registration. All payments are to be made in FULL and are **non-refundable** if a player chooses to leave.

An additional \$110 Facilities Levy will be charged during registrations which is not included in the Basic Fee.

Additional fees from Football SA and Football Australia will be charged during the online Play Football Registrations which are not included in the Basic Registration Fee. This fee will need to be paid prior to the commencement of the season when advised by your team manager or coach and covers Football SA Fees and Insurances. We expect this cost to be between \$105 - \$115 for players aged 17 and under, and \$150 - \$165 for players aged 18 and over.

- Payments are to be made in FULL and are **non-refundable**.
- Payment Plans will be available on registration day or contact admin@metrostars.com.au for more information.
 - Payment Plans will commence November 10 2025 and will be completed by mid-March 2026.
- Failure to pay full fees will forfeit your position in the team.
- Players with previous outstanding club debts will not be registered.

Club Basic Registration Fees for season 2026 are as follows:

Junior Boys and NPL

Team	Basic Fee (inc. GST)	Players Receive	What Fees cover
U6-U7	\$1020* + additional \$110 Facilities Levy	<ul style="list-style-type: none">• Full player's Kit (Home and Away)• FREE entry to all Senior Men's NPL and Senior Women's WNPL home matches;• Approx 150 contact hours based on 2 trainings per week plus games for MiniRoos and YSL teams. (Note: U6-U7 will only train 1 night a week plus games);• Approx 200 contact hours based on 3 trainings per week plus games for all YPL teams;• Guest coaches;• Tuition on skill and personal development;• Periodic player assessments;• Elite Player development pathways	<ul style="list-style-type: none">• Upkeep of facilities;• Insurance;• Operational costs (referees etc.);• Ground Hire;• Line marking;• Playing and training equipment;• Coaching Wages;• Service Utilities and Taxes;• Association / Affiliation Fees;• Workshops;• Administration costs.
U8-U9	\$1220* + additional \$110 Facilities Levy		
U10-U11	\$1565* + additional \$110 Facilities Levy		
U12-U17 (YSL)	\$1565* + additional \$110 Facilities Levy		
U12-U17 (YPL)	\$1810* + additional \$110 Facilities Levy		
NPL U18-RES	\$1900 + additional \$110 Facilities Levy		

* \$100 Sports Vouchers may be redeemed if eligible (See 11. Sports Vouchers)



Junior Girls, WNPL and Division 2

Team	Basic Fee (inc.GST)	Players Receive	What Fees cover
U7	\$420* + additional \$110 Facilities Levy	<ul style="list-style-type: none"> • Full player's Kit (Home and Away) and one training kit. (Note: MiniRoos and Community teams will not receive a training kit); • FREE entry to all Senior Men's NPL and Senior Women's WNPL home matches; • Approx 150-200 contact hours based on 2 trainings per week plus games for MiniRoos, YSL and YPL teams. (Note: U7 will only train 1 night a week plus games); • Guest coaches; • Tuition on skill and personal development; • Elite Player development pathways 	<ul style="list-style-type: none"> • Upkeep of facilities; • Insurance; • Operational costs (referees etc.); • Ground Hire; • Line marking; • Playing and training equipment; • Coaching Wages; • Service Utilities and Taxes; • Association / Affiliation Fees; • Workshops; • Storage hire; • Administration costs.
U9	\$525* + additional \$110 Facilities Levy		
U10-U11	\$685* + additional \$110 Facilities Levy		
U12-U13 (YSL)	\$790* + additional \$110 Facilities Levy		
U12-U16 (YPL)	\$820* + additional \$110 Facilities Levy		
WNPL U18-RES	\$800 + additional \$110 Facilities Levy		
Division 2	\$525 + additional \$110 Facilities Levy		

* \$100 Sports Vouchers may be redeemed if eligible (See 11. Sports Vouchers)

10. Sports Vouchers

The Sports Vouchers program is a Government of South Australia initiative administered by the Office for Recreation, Sport and Racing. The program provides an opportunity for primary and middle school aged children from Reception to Year 9 to receive up to two \$100 discount vouchers on sports or dance membership/registration fees.

Children in Reception to Year 9 aged 5 to 15 years old (inclusive) will be eligible for a Sports Voucher (these children will have a year of birth from 2011 to 2021). Those eligible may redeem two voucher per calendar year.

MetroStars are unable to offer a discount upfront at the time of registration (due to varying reasons). Registration fees will be required to be paid in full. You will then be refunded the number of vouchers claimed once MetroStars has received reimbursement from the Sports Vouchers team.

To register to receive the Sports Voucher reimbursement, please use the online booking link supplied on registration day. If you do not receive the link on registration day, please ask your Team Manager or email admin@metrostars.com.au asking for the link. **Paper forms will not be accepted.**



12. Insurance

Limited cover is included in the registration fee with Football SA. Parents are also encouraged to take out their own private insurance cover (including ambulance cover). The club will not be liable for sporting injuries. If an ambulance is required or dispatched for your child, it shall be the parent/caregiver's responsibility to cover the cost of the service.

13. Parent Information

MetroStars have introduced strict parent behaviour guidelines to assist with the development of individual players and the implementation of a club culture that provides an environment for elite development opportunities. These guidelines will apply to both training and match day and will be strictly enforced to ensure that the environment at MetroStars remains in line with the club culture.

Parents will be provided with workshops to help assist with the development of their child and gain an understanding of the program we operate to facilitate the best opportunities for development within South Australia's elite football club.

Before the start of the season, parents of the players will be asked to attend a short information session to review and discuss the code of conduct for players and parents, expectations and much more! This session is compulsory and will be run on an evening during the off season. Parents will be notified when this will occur.

Parents are not to miss the session.

14. Become a Junior Team Sponsor

Corporate Sponsorship goes a long way towards paying the bills, and any external revenue raised helps to keep the Player fees at a minimum. MetroStars offers any individual or business an opportunity to sponsor a team. You can have your business logo printed in a prominent place on the shirt to advertise your business throughout the entire season.

If you are interested in taking up a sponsorship opportunity, please contact our Sponsorship and Marketing Manager as soon as possible so that we can discuss options and make arrangements.

Contact details:

Adrian Larkin
Sponsorship Manager
M: 0419 825 509
E: sponsorship@metrostars.com.au





15. Trophy Sponsors

Every player from our MiniRoo teams (U6 through to and including U11) will each be presented with a participation trophy at the end of the season. Performance based awards (ie. Best and Fairest, Player's Player) shall only be awarded to players from U12 and above. The club is seeking sponsors to cover the cost of these trophies. If you are interested or know a business that would like to be involved, please provide your details to our Sponsorship Manager at sponsorship@metrostars.com.au who will gladly send you the information and forms.



16. Team Management Structure

For each team to function well throughout the season, we require volunteers to be responsible for the following functional roles per team:

- Team Manager
- Trained First Aid Officer
- Equipment Manager

If you would like to contribute in any of these areas, please contact the coaching staff or a club official.

17. Bar and Canteen

Bar and canteen are open on training nights and on weekend match days. In addition to providing food and beverage, it is a major contributor to the club's income. If you would like to help as a volunteer, please approach our Bar and Canteen staff.

18. Positions Vacant

Do you have a particular skill, knack or interest? Club Volunteers are the backbone of the club's success. The following positions are currently vacant at the club and we are seeking interested parties over the coming weeks.

- Bar and Canteen Volunteers
- Events Volunteer
- Fundraising Volunteer
- Grants Coordinator
- Project Manager (Facilities development)
- Game day Coordinator
- First Aid Officers, Physios, Trainers
- Medical support
- Equipment Managers
- Committee and Sub-Committee Members
- Trades People for general maintenance and various working bees

If you have a particular skill, professional background or interest that you feel may contribute to the club, please come and see a management committee member, club President or contact the clubs Administration Officer at admin@metrostars.com.au.